

"Lost my job, or been put on Furlough"

Isolated and lonely? - My children are struggling? Who can I get to help me?

Worried or anxious over COVID-19?

Social Prescribing may be just what you need?

Community Connectors can provide:

- Access to regular phone calls to improve your wellbeing
- ✓ Help and training for new employment
- ✓ Support to access advice, information and guidance.
- ✓ Help to get 'online' for virtual activities.
- Signposting or referral to other services.
- A stepped approach for a positive future

Contact 01254 888614 or email: connector@hrv-cvs.org.uk



Covering Hyndburn & Ribble Valley. Working for the NHS.

